

## Measuring

When taking body measurements, the customer should be dressed in layers they expect to wear with the jacket in the future. This will ensure that the finished garment fits in all scenarios.

The measuring should not take place in front of a mirror as the customer might correct their posture resulting in imprecise measurements.

The client should breathe normally and not hold their breath. The measuring tape should be snug around the body but not tight.

### Measuring Equipment

- Measuring tape
- Pencil and measurement chart (provided below)

### Taking Body Measurements

**Bh** - Body height: measure the distance from the highest point of the head to the floor.

**Slg** - Sleeve length: measured from the slightly protruding shoulder bone to the base of the thumb. Measure both arms.

**Cc** - Chest circumference: measure the chest circumference horizontally around the fullest part of the chest, under the arms towards the back and slightly upwards over the shoulder blades.

**Wc** - Waist circumference: measure the waist circumference horizontally in the waist indentation above the hip bone. The position for the waist circumference measurement can be easily determined from the side even with slightly larger figures. Take the measurement slanted down around the belly for protruding figures.

**Hc** - Hip circumference: Measure the hip circumference horizontally over the widest part of the hip. The widest part of the hip is usually higher for a male figure compared to a female figure.

